

# Dr. Thomas Lucking, Ph.D., Licensed Marriage & Family Therapist

## Services and Fees

408.409.4167 [doctorthomaslucking@gmail.com](mailto:doctorthomaslucking@gmail.com) [www.ThomasLucking.com](http://www.ThomasLucking.com)

**Psychotherapy** - Psychotherapy for individuals, couples, families, or groups. Location for session is one of Dr. Lucking's two offices, an alternate location, video, or phone.

| Service                                                 | Fee   | CPT insurance codes ^ |
|---------------------------------------------------------|-------|-----------------------|
| Individual Psychotherapy<br>45-55 minute session        | \$250 | 90834 98037           |
| Individual Psychotherapy<br>20-30 minute session        | \$125 | 98032                 |
| Couples or Family Psychotherapy<br>45-55 minute session | \$250 | 90846 90847           |
| Group Psychotherapy<br>65-75 minute session             | \$125 | 90853                 |

**Daily Care Psychotherapy** - A higher level of care and support is available for (a) individual, couple, or family crisis (b) addiction and recovery (c) coping skills (d) more severe mental health challenges such as complex grief, trauma, and mood disorders (e) time-bound growth and goals that require regular accountability and support (f) developing new habits.

| Service                                                                                                                  | Fee   | CPT insurance codes ^ |
|--------------------------------------------------------------------------------------------------------------------------|-------|-----------------------|
| Online Log and/or Mobile Therapy<br>Responses between sessions within 24 hours except Saturdays, Sundays, and holidays*^ | \$125 |                       |

**Couples Care Intensives** – Deep immersions to accelerate growth and healing. Two types of intensives are listed below. Contact Dr. Lucking for specific fees based on your needs.

| Service                                                                                                              |                                                                                                                                    |
|----------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------|
| Deep Dive Intensive<br>1-5 dives across 1-3 days. + Location of your choice. Includes assessments and all materials. | Solid Follow-Through Intensive<br>Daily phone check-ins and mobile therapy activities across 5-7 days. Includes mobile app access. |

**Administrative Time** - Time outside of session may be necessary for Dr. Lucking to prepare reports, complete assessments, write contracts, or other administrative support for psychotherapy.

| Service                                     | Fee   | CPT insurance codes ^ |
|---------------------------------------------|-------|-----------------------|
| Administrative Time<br>45-55 minute session | \$250 |                       |
| Administrative Time<br>20-30 minute session | \$125 |                       |

^ Services and fees without CPT insurance codes will not have a code on superbills or not be listed on superbills

\*Response times are goals not guarantees, if crisis or emergency please call 911. Holidays include personal time off.

^Responses in effect for a maximum of 7 days between sessions

+See website for explanation of a 'dive' <https://www.thomaslucking.com/couples-care-intensives/>

Fees are payable by cash, check, PayPal, Venmo, or credit card. Checks preferred for intensives.