

Dr. Thomas Lucking, Ph.D., Licensed Marriage & Family Therapist

Services and Fees

408.409.4167 doctorthomaslucking@gmail.com www.ThomasLucking.com

Psychotherapy - Psychotherapy for individuals, couples, families, or groups. Location for session is one of Dr. Lucking's two offices, an alternate location, video, or phone.

Service	Fee	CPT insurance codes ^
Individual Psychotherapy 45-55 minute session	\$225	90834 98037
Individual Psychotherapy 20-30 minute session	\$115	98032
Couples or Family Psychotherapy 45-55 minute session	\$225	90846 90847
Group Psychotherapy 65-75 minute session	\$115	90853

Daily Care Psychotherapy - A higher level of care and support is available for (a) individual, couple, or family crisis (b) addiction and recovery (c) coping skills (d) more severe mental health challenges such as complex grief, trauma, and mood disorders (e) time-bound growth and goals that require regular accountability and support (f) developing new habits.

Service	Fee	CPT insurance codes ^
Online Log and/or Mobile Therapy Responses between sessions within 24 hours except Saturdays, Sundays, and holidays*^	\$115	

Couples Care Intensives – Deep immersions to accelerate growth and healing. Two types of intensives are listed below. Contact Dr. Lucking for specific fees based on your needs.

Service	
Deep Dive Intensive 1-5 dives across 1-3 days. + Location of your choice. Includes assessments and all materials.	Solid Follow-Through Intensive Daily phone check-ins and mobile therapy activities across 5-7 days. Includes mobile app access.

Administrative Time - Time outside of session may be necessary for Dr. Lucking to prepare reports, complete assessments, write contracts, or other administrative support for psychotherapy.

Service	Fee	CPT insurance codes ^
Administrative Time 45-55 minute session	\$225	
Administrative Time 20-30 minute session	\$115	

^ Services and fees without CPT insurance codes will not have a code on superbills or not be listed on superbills

*Response times are goals not guarantees, if crisis or emergency please call 911. Holidays include personal time off.

^Responses in effect for a maximum of 7 days between sessions

+See website for explanation of a 'dive' <https://www.thomaslucking.com/couples-care-intensives/>

Fees are payable by cash, check, PayPal, Venmo, or credit card. Checks preferred for intensives.