Dr. Thomas Lucking, Ph.D

Services and Fees

408.409.4167 doctorthomaslucking@gmail.com www.ThomasLucking.com

Coaching - Coaching for individuals, couples, families, or groups. Location for session is one of Dr. Lucking's two offices, an alternate location, video, or phone.

Service	Fee⅄
Individual Coaching 45-55 minute session	$225
Individual Coaching 20-30 minute session	$115
Couples or Family Coaching 45-55 minute session	$225
Group Coaching 65-75 minute session	$115

Daily Care Coaching - A higher level of care and support is available for (a) coping skills (b) time-bound growth and goals that require regular accountability and support (c) developing new habits.

Service	Fee⅄
Online log and progress reports Responses between sessions within 24 hours except Saturdays, Sundays, and holidays*^	$115

Couples Care Intensives – Deep immersions to accelerate growth and transformation. Two types of intensives are listed below. Contact Dr. Lucking for specific fees based on your needs.

Service	
Deep Dive Intensive 1-5 dives across 1-3 days.⁺ Location of your choice. Includes assessments and all materials.	Solid Follow-Through Intensive Daily phone check-ins and mobile therapy activities across 5-7 days. Includes mobile app access.

Administrative Time - Time outside of session may be necessary for Dr. Lucking to prepare reports, complete assessments, write contracts, or other administrative support for coaching.

Service	Fee⅄
Administrative Time 45-55 minute session	$225
Administrative Time 20-30 minute session	$115

⅄ Coaching services and fees may be covered under your insurance plan. Please check with your insurance provider for benefits and reporting requirements for reimbursements.

*Response times are goals not guarantees, if crisis or emergency please call 911. Holidays include personal time off.

^Responses in effect for a maximum of 7 days between sessions

⁺See website for explanation of a 'dive' https://www.thomaslucking.com/couples-care-intensives/

Fees are payable by cash, check, PayPal, Venmo, or credit card. Checks preferred for intensives.